



Connaught Optimist Championships

Galway Bay Sailing Club

24th & 25th May 2008



NOTICE OF RACE



1. Rules

- 1.1 The Connaught Championships will be governed by the rules as defined in The Racing Rules of Sailing (2005-2008).
- 1.2 I.S.A. prescriptions will apply.
- 1.3 I.O.D.A Class Rules will apply

2. Advertising

All Competitors' Boats may be required to display the Sponsor's logo as instructed. The Logo will be available at Registration.

3. Eligibility and Entry

- 3.1 Entry is open to all sailors born in 1993 or later.
- 3.2 Main fleet sailors born in 1996 or later will compete for the Junior Connaught Championship, those born 1995 – 1993 will compete in the Senior Connaught Championship
- 3.3 Competitors in this open event must be paid up members of IODAI or their National Optimist Association and their National Sailing Association.
- 3.4 The entry fee is €65 for the Main Fleet and €50 for the Regatta Fleet. Entries received after 16th May are subject to Late Entry Fee of €10 per sailor.

4. Event Description, Venue

- 4.1 The Event will comprise 2 fleets - a Main Fleet, which will compete for the Junior and Senior Championship, and a Regatta Fleet, which will combine coaching and racing.
- 4.2 The Event will be held at Galway Bay sailing Club, Rinville, Oranmore, Co Galway, who are the organizing authority.

5. Schedule

- 5.1 Registration / Measurement Validation shall be 23rd May 1830 to 2030 & 24th May 0830 to 1000
- 5.2 All competitors must hold a valid measurement certificate and present this at registration.
- 5.3 The starting time of the first race on 24th May will be 11:00 hours and 25th May 10:30. Three races are scheduled each day but the Race Officer, at his discretion, can get one race ahead of schedule. A maximum of four races can sailed on any day.
- 5.4 On the 25th May, no race will be started after 15:00.
- 5.5 The Championships will consist of a maximum of 6 races.

6. Scoring

- 6.1 Three races are required to complete a series.
- 6.2 When fewer than four races have been completed, a boat's series score will be the total of her race scores.

7. Sailing Instructions

- 7.1 Sailing Instructions will be available at Registration, and posted on the IODAI

Connaught Championships GBSC 24th & 25th May www.gbsc.ie
and Galway Bay Sailing Club web sites. www.gbsc.ie

7.2 There will be a briefing for competitors at 09.30 on Saturday 24th May.

8. Support Boats

Support boats must register with the Championships Committee and list each competitor(s) they are supporting. There will be a briefing for support boats at 0945 on Saturday 24th May.

9. Disclaimer of Liability

9.1 Competitors participate in the Championships entirely at their own risk. The decision to Race is the responsibility of the competitor.

9.2 Galway Bay Sailing Club will not accept any liability for material damage or personal injury or death sustained in conjunction with, prior to, during or after the Championships.

10. Trolleys

10.1 All trolleys must be in full working order and marked with current sail number.

10.2 All old trolley tags must be removed and a new tag, which must be attached to the trolley, will be issued at Registration.

11. Catering

11.1 All competitors are to bring their own packed lunch each day in a waterproof lunch bag, or suitable plastic container, clearly marked with their sail number.

11.2 A complimentary hot meal will be provided for all sailors after sailing on 24th May

12. Safety Checks

12.1 Safety checks will be carried out on all boats either in the Dingy Park, or on the slipway, before launching. Any boat not displaying the appropriate safety check pass symbol for that day will not be permitted to launch.

12.2 A list of the mandatory equipment required in each boat, and the processes to be adhered to, is enclosed.

13. Scrutineering

On the water random scrutineering will be used at the end of each race to verify equipment used is as entered and that the sailor is in compliance with Optimist Class and event rules.

14. Regatta Fleet Competency

All Regatta Fleet sailors must be competent and capable of sailing an Optimist Course (with approximately 200m legs) in light to moderate winds.

SAFETY CHECK LIST

Sailors wishing to participate in this event are required to comply with the following MINIMUM safety requirements. It is a matter for the parent/guardian of a sailor to ensure that these requirements are complied with. Safety checks will be carried out and Sailors found not to comply, may not be permitted to launch.

1. Buoyancy tanks must be the correct size (45 +/- 5 litres), in good condition and fully inflated.
2. A painter of a single piece of buoyant rope, not less than 6mm diameter and not less than 8m long securely fastened to the base of the mast or mast step.
3. Mast must be securely tied in.

4. Two suitable bailers must be provided and securely tied in.
5. The strop (below boom) must be tightened sufficiently so that the gap between Strop and Boom is less than 10 cm.
6. A snap shackle or similar device, which cannot get caught on the sailors clothing or life jacket, must be used to connect the mainsheet block to the strop. A simple carbine is not permitted.
7. Toe straps must be adequately secured
8. Dagger board must be securely tied in
9. Paddle must be provided and securely tied in
10. Life jacket or other adequate personal buoyancy must be worn and fully secured by closing the zip and making sure the velcro strap is tight.
11. Dry suits, if worn, must be in good condition and zip fully closed
12. Sailors must have clothing suitable for the conditions.
- 13. Sailors must have a Whistle.**
14. Sun protection is necessary in sunny weather. Parents/guardians must note that the sun is much stronger on the water because of reflection etc
15. Bootees with open lacing or similar closures that can get caught on fittings etc. are not permitted.
16. MEASUREMENT. It is vital that the foils, spars and sails are measured and details entered into your measurement book, which must be brought to the Connaughts.



Connaught Championships Entry Form 24th & 25th May 2008



- | | | | | |
|----|-----------------|-----|------------------------------------|--|
| 1. | Senior Fleet | €65 | GOLD | Please identify your fleet |
| | Senior Fleet | €65 | SILVER | Overseas teams will agree fleets with the organising committee |
| | Junior Fleet | €65 | GOLD | |
| | Junior Fleet | €65 | SLIVER | |
| | Regatta Fleet | €50 | | |
| | Late Entry | €10 | Entries after 16 th May | |
| | Family discount | 10% | subsequent members | |

2. I enclose a cheque made payable to GBSC for €_____

3. Name: _____ Date of Birth: _____
Address: _____ Sail No _____
_____ Club: _____
_____ Tel No _____
_____ Mobile No: _____
(during the event) _____

4. Sailor's Signature: _____

5. DECLARATION.

My daughter / son wishes to sail in the Connaught Championships. I accept full responsibility my son/daughter's safety. I agree to waive any claim for loss, damage, or personal injury against I.O.D.A.I., the GBSC, and any individual or body concerned with this event, and I agree to indemnify I.O.D.A.I., GBSC and any such individual or body concerned against any such claim that may be brought by or on behalf of my daughter / son. I also declare that I hold an adequate & valid Third Party Insurance Policy of not less than €1,500, 000 which covers my daughter / son whilst taking part in this event.

Signed: _____ Name (Capitals) _____ (parent/
guardian)

Date: _____

6. Entry forms must be received by 16th May. Late entry fee of €10 will be payable after this date.
POST : Optimist, GBSC, Rinville, Oranmore, Co Galway.