



Major Event Sailing Instructions -2009

THE INTERNATIONAL OPTIMIST DINGHY ASSOCIATION OF IRELAND

(These major event instructions are published to give information that is common to Selection Trials, the National Championship, Regional Championships and the Crosbie Cup. Supplementary Sailing Instructions obtainable at registration containing only matters concerning the particular event are published for each event.)

1. Rules

- 1.1. The regatta will be governed by the rules as defined in The Racing Rules of Sailing
- 1.2. I.S.A. prescriptions will apply.
- 1.3. I.O.D.A Class Rules will apply

2. Notices to Competitors

Notices to competitors will be posted on the official notice board. The Supplementary Sailing Instructions will specify its location.

3. Changes to Sailing Instructions

Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.

4. Signals Made Ashore

- 4.1. Signals made ashore will be displayed at the place specified in the Supplementary Sailing Instructions.
- 4.2. Flag AP displayed with two sounds means "The race is postponed. Launching will start approximately 10 minutes after AP is lowered". This changes race signal AP.

5. Safety

- 5.1. The Organising Authority may stop a boat launching or require it to return ashore, if it considers the boat, its equipment or helm are not adequate for the likely conditions or for any other reason. The decision is final and shall not be grounds for redress.
- 5.2. Competitors in difficulty shall obey any instruction given by a rescue boat crew.

6. Schedule of Races

See Supplementary Sailing Instructions.

7. Class Flags

- 7.1. The Class flag and warning signal will be flag O.
- 7.2. Where there is a separate Junior Division, the warning signal for that division will be flag J.

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7.3. Where there is a Regatta Fleet, separate Sailing instructions will be issued.

8. Racing Areas

See Supplementary Sailing Instructions.

9. Divisions & Fleets

9.1. National & Regional Championships

9.1.1. Senior and Junior Divisions

For National and Regional Championships (Connacht's, Leinster's, Munster's & Ulster's) boats will be divided into two divisions with separate starts as follows:

- Junior Division: Sailors under 12 on the 1st January in the year of the regatta.
- Senior Division: Sailors over 12 but under 15 on 1st January in the year of the regatta

9.1.2. Gold and Silver Fleets

Within each division there will be a further split into Gold and Silver Fleets according to the current national rankings as posted on the IODAI website at www.iodai.com . Gold and Silver fleets shall have a single start within their division.

9.1.3. Identification Ribbons

Each boat shall display the ribbons provided at registration as follows:

Division / Fleet	Colour
Senior / Gold	Blue
Senior / Silver	Pink
Junior / Gold	Red
Junior / Silver	Green

9.2. Selection Trials and Crosbie Cup

All eligible sailors will have a single start.

10. The Courses

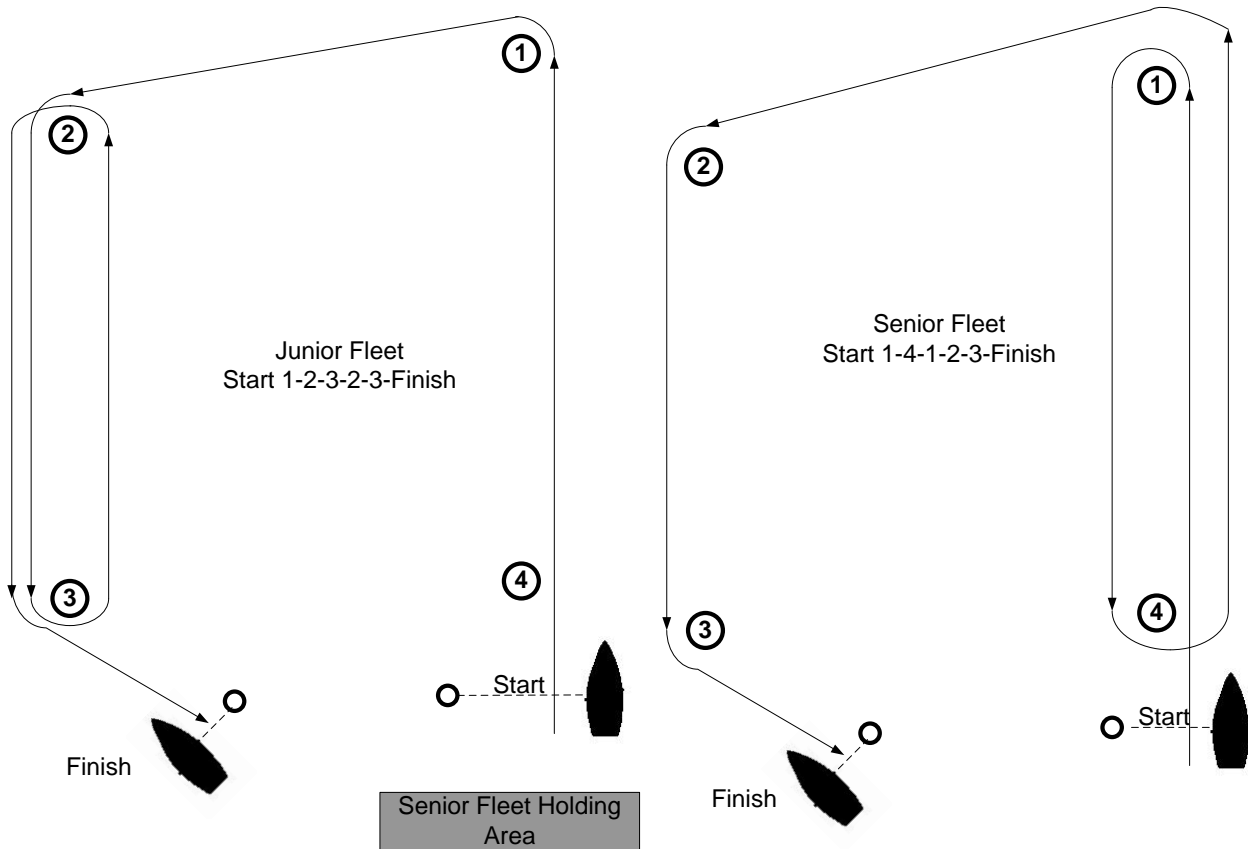
The courses will be as shown below. The diagrams show the courses, is representative of the approximate angles between the legs, the order in which the marks are to be passed, and the side on which each mark is to be passed.

10.1. National & Regional Championships

All marks are to be rounded to Port.

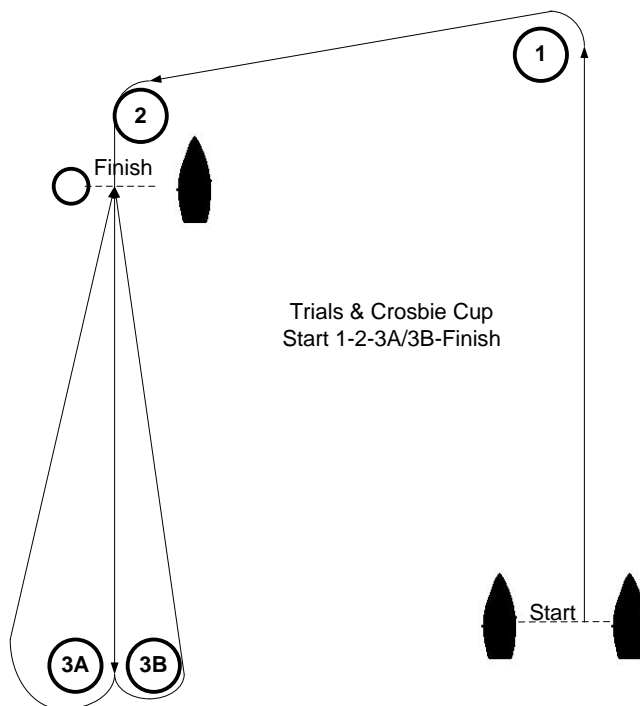
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10.2. Selection Trials & Crosbie Cup

All marks are to be rounded to Port with the exception of the leeward gate at 3A/3B. Boats shall sail between the gate marks from the direction of the previous mark and round either mark.



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11. Marks & Committee Boats

See official notice board.

12. The Start

- 12.1. The starting line will be as described in the Supplementary Sailing Instructions.
- 12.2. National & Regional Championships
 - 12.2.1. The Junior Division will start first in each race
 - 12.2.2. At the warning signal for the Junior Division the Senior Division must assemble and remain in the designated holding area which will be identified by two marks (see Supplementary Sailing Instructions) running parallel and to leeward of the line. The Senior Division must remain in the holding area until signalled to come forward by a sound signal and the flying of flag "D". The warning signal for the next race will be made no sooner than three minutes later.
- 12.3. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing. This changes rule A4.
- 12.4. For second and subsequent start series each day the committee boat shall fly an "R" flag with one sound signal to indicate the starting sequence is about to begin. The warning signal for the next race will be made no sooner than five minutes later.

13. The Finish

The finishing line will be between the committee boat (as described on the official notice board) flying a blue flag and the finishing mark.

14. Time Limits

- 14.1. The time limit for the leading boat in each race is 80 minutes.
- 14.2. Boats not finished within 20 minutes of the first boat shall be scored Did Not Finish without a hearing. This changes rules 35, and A4 and A5.

15. Penalties

Appendix P will Apply.

16. Protests and Requests for Redress

- 16.1. A boat intending to protest shall display a red flag. This changes rule 61.1 (a) (2).
- 16.2. A boat intending to protest shall inform the race committee of her intention immediately after finishing or at the first opportunity after retiring.
- 16.3. Protest forms are available at the place specified in the Supplementary Sailing Instructions. Protests and requests for redress or reopening shall be delivered there within the appropriate time limit.
- 16.4. The protest time limit is 90 minutes after the last boat has finished the last race of the day.
- 16.5. Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings

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will be held in the protest room, at the place specified in the Supplementary Sailing Instructions.

- 16.6. Notices of protests by the race committee or jury will be posted to inform boats under rule 61.1(b).
- 16.7. A list of boats that, under Appendix P, have been penalised for breaking rule 42 will be posted.
- 16.8. No boat may protest another boat for infringements of the following:
 - S.I. Safety Regulations
 - S.I. Division Identification Ribbons
 - S.I. Keeping Clear of Starting Area
 - S.I. Keeping Clear after Finishing
 - S.I Support Boats
 - Any local regulations

Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be DPI. This amends RRS 60.1

- 16.9. On the last scheduled day of racing the regatta a request for reopening a hearing shall be delivered:
 - 16.9.1. within the protest time limit if the requesting party was informed of the decision on the previous day
 - 16.9.2. no later than 30 minutes after the requesting party was informed of the decision on that day. This changes rule 66.
- 16.10. On the last scheduled day of racing a request for redress based on a protest committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes rule 62.2.

17. Scoring

- 17.1. The number of races required to be completed to constitute a series will be indicated in the Supplementary Sailing Instructions,
- 17.2. The number of discards is specified in the Supplementary Sailing Instructions.

18. Adverse Weather Conditions

- 18.1. The race officer may, at his / her absolute discretion, decide to abandon racing for certain Fleets and / or Divisions.
- 18.2. The race officer will abandon racing for the Fleets and Divisions in the following order:
 - 18.2.1. Junior Division – Silver Fleet
Flag “N” over “Numeral Pennant 1” displayed with three sound signals either ashore at the place specified in the Supplementary Sailing Instructions or on the main committee boat.

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18.2.2. Senior Division – Silver Fleet

Flag “N” over “Numeral Pennant 2” displayed with three sound signals either ashore at the place specified in the Supplementary Sailing Instructions or on the main committee boat.

18.2.3. Junior Division – Gold Fleet

Flag “N” over “Numeral Pennant 3” displayed with three sound signals either ashore at the place specified in the Supplementary Sailing Instructions or on the main committee boat.

18.3. A boat for whom racing is abandoned under this Sailing Instruction shall be awarded average points for the races sailed after allowing for discards.

18.4. The application of this sailing instruction shall not be grounds for redress.

19. Official Boats

Official boats shall be identified as per the Supplementary Sailing Instructions.

20. Safety Regulations

20.1. Tally System

This tally system shall be used for all IODAI events.

20.1.1. A tally board will be situated as described in the Supplementary Sailing Instructions.

20.1.2. Before going afloat, each competitor shall take his / her allocated band number and place it on their wrist.

20.1.3. At the first reasonable opportunity after coming ashore, which is normally immediately, each competitor shall ensure that their band is returned to the tally board.

20.2. A boat that retires from a race shall notify the race committee as soon as possible.

21. Replacement of Equipment

Substitution of damaged or lost equipment will not be allowed unless authorised by the race committee. Requests for substitution shall be made to the committee at the first reasonable opportunity.

22. Equipment and Measurement Checks

A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee equipment inspector or measurer to proceed immediately to a designated area for inspection.

23. Support Boats

23.1. Support boats shall register with the race committee at registration time.

23.2. Support boats shall at all times conspicuously display the numbered flag given to them at registration.

23.3. Team leaders, coaches and other support personnel including relatives of competitors shall not be in the racing area from the time of the Preparatory Signal until all boats

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have finished or the race committee signals a postponement, general recall or abandonment or requests the assistance of support boats in rescue operations.

24. Radio Communications

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications. This restriction also applies to mobile telephones.

25. Prizes

See Supplementary Sailing Instructions.

26. Disclaimer of Liability

Competitors participate in the regatta entirely at their own risk. See RRS 4, Decision to Race. The organizing authority will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.

27. Insurance

Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of €1,500,000 or the equivalent per event.